



Hawaii Foodbank Inc.

Food Assistance

Our Mission Statement

The people of Hawaii are one ohana. The Hawaii Foodbank provides food so that no one in our family goes hungry. We work to gather food and support from our communities. We then distribute food through charitable agencies to those in need. Our mission is from the heart, and we will fulfill our mission with integrity, humanity and aloha.

The Hawaii Foodbank stores mass quantities of food in our warehouses so that it can be distributed through our 501(c)(3) non-profit partner agencies. Please see below a list of organizations that are able to help you through this difficult time (**please note that days and times may change without notice.**) *If you need general help, please call 211 and they can direct to other services.*

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

Pantries

Location Name	Address	Days of Operation	Hours of Operation
Cedar Assembly of God (Liliha)	620 Waipa Ln.	Tuesday	8:30 am - 10:00 am
Fountains Of the Living Water (Kalihi)	2412 Rose St., Unit 100	3rd Saturday	2:00 pm - 4:30 pm
Full Gospel Temple (Kalihi)	2464 N. School St.	Sunday	11:45 am - 12:15 pm
Kalihi Union Church (Kalihi)	2214 N. King St.	Thursday	10:00 am - 11:00 am
Kaumakapili Church (Kalihi)	766 N. King St.	Every other Wednesday	8:00 am - 11:00 am
Kokua Kalihi Valley - Public Housing (Kalihi)	1475 Linapuni St.	Monday - Friday	12:00 pm - 2:00 pm
St. Elizabeth Episcopal Church (Kalihi)	720 N. King St.	Monday – Friday Saturday	8am–12pm, 2pm–5pm (closed Wed 9:30-10:30am) 8am-12pm
St. John the Baptist Catholic Church (Kalihi)	2324 Omilo Ln.	Wednesday (except 2nd)	11:00 am - 1:00pm
Full Gospel Of Oahu (Ala Moana)	1680 Kapiolani Blvd, Suite F9	Wednesday & Friday	6:00 pm - 6:45 pm
First United Methodist Church (Honolulu)	1020 S. Beretania St.	Monday, Wednesday, Thursday Tuesday, Friday	2:00 pm – 4:00 pm 9:30 am – 11:30 am
Olivet Baptist Church (Mccully-Moilili)	1775 S. Beretania St.	Last Saturday	9:00 am – 11:00 am
St. Mary’s Episcopal Church (Mccully-Moilili)	2062 S. King St.	Tuesday – Friday	10:00 am – 12:00 pm
Angel Network (East Honolulu)	5339 Kalaniana’ole Hwy.	Thursday & Friday	10:00 am – 12:00 pm
King’s Cathedral (East Honolulu)	5740 Kalaniana’ole Hwy.	Sunday Wednesday (by appt. 373-7416)	11:30 am – 1:00pm 7:00 pm
C4 – Christ Centered Community Church (Kahala Mall)	4211 Waialae Ave #1030	1 st Friday	8:30 am – 11:00 am
Waikiki Community Center (Waikiki)	310 Paoakalani Ave.	Tuesday	1:00 pm – 2:45 pm
Church of Christ at Pearl Harbor (Pearl Harbor)	515 Main St.	2 nd & 4 th Saturday	9:30 am – 11:30 am

First Assembly of God – Red Hill (Moanalua)	3400 Moanalua Rd.	Sunday	10:00 am – 12:00 pm
Mauka Annex (Next to PACRIM Christian Univ. – Sand Island)	223 Ho’one’e St.	Wednesday, Friday, & Sunday	8:00 am – 11:00 am
Armed Services YMCA @ JBPHH (Pearl Harbor)	1260 Pierce St, Suite 145	Monday – Friday (Base Access Required)	7:30 am – 3:30 pm
Calvary Chapel Pearl Harbor (Pearl City)	950 Luehu St, Suite G-5	1 st Saturday of the month	8:00 am – 10:00 am
Our Lady Of Good Counsel Parish (Pearl City)	1525 Waimano Home Rd.	Wednesday	8:30 am – 11:15 am
Abundant Life United Pentecostal (Wahiawa)	650 Kilani Ave.	1 st Saturday of the month	9:00 am – 11:00 am
Armed Services YMCA @ Schofield Wheeler (Wahiawa)	1262 Santos Dumont	Monday – Friday (Base Access Required)	7:30 am – 3:30 pm
New Life Body Of Christ Christian Church (Wahiawa)	74 S Kamehameha Hwy.	Tuesday & Thursday	9:00 am – 12:00 pm
Our Lady Of Sorrow (Wahiawa)	1403-A California Ave.	Last Saturday of the month	9:00 am – 11:00 am
St. Stephen’s Episcopal Church (Wahiawa)	1679 California Ave	Tuesday & Friday	9:00 am – 11:00 am
Aiea 7 th Day Adventist Church (Aiea)	99-005 Moanalua Rd.	Saturday	8:00 am -9:00 am
St. Timothy’s Episcopal Church (Aiea)	98-939 Moanalua Rd.	2 nd & 4 th Tuesday	4:45 pm – 6:00 pm
St. Elizabeth Catholic Church (Aiea)	99-312 Moanalua Rd.	Thursday	5:00 pm – 6:00 pm
Brethren of Christ International (Waipahu)	94-133 Pahu St.	4 th Sunday	12:30 pm – 1:30 pm
City of Refuge (Waipahu)	94-929 Waipahu St.	1 st & 3 rd Friday	3:30 pm – 4:30 pm
Good Samaritan Church (Waipahu)	94-076 Leokane St.	Monday – Friday (by appt. 561-5695)	4:30 pm – 6:00 pm
Waipahu Seventh-Day Adventist (Waipahu)	94-902 Awanei St.	Sunday	2:30 pm -4:00 pm
Ewa Beach Baptist Church (Ewa Beach)	91-743 Pohakupuna Rd.	Last Saturday of the month	10:00 am – 11:00 am
Ewa Beach United Methodist Church (Ewa Beach)	91-660 Pohakupuna Rd.	2 nd & 4 th Wednesday	8:00 am – 10:00 am
Our Lady Of Perpetual Help (Ewa Beach)	91-1004 North Rd.	Last Friday of the month	9:00 am – 11:00 am
St. Jude Catholic Church (Kapolei)	92-455 Makakilo Dr.	Tuesday & Thursday	2:30 pm – 4:30 pm
Hale Ola Ho’opakolea Inc (Waianae)	89-137 Nanakuli Ave.	2 nd Wednesday of the month 4 th Wednesday of the month	8:30 pm – 12:30 pm 12:30 pm – 3:00 pm
Ka Hana O Ke Akua (Waianae)	86-311 Lualualei Homestead Rd.	7 days a week (by appt. 696-5652)	6:00 am – 10:00 pm
Nanaikapono Protestant Church (Waianae)	89-235 Pua Ave.	Monday	7:00 am – 10:00am
Our Lady of Keaau (Waianae)	P.O. Box 1475	3 rd Friday of the month	10:00 am – 2:00 pm
Sacred Heart Church (Waianae)	85-786 Old Government Rd.	Tuesday	10:00 am – 12:00 pm
Waianae Baptist Church (Waianae)	85-131 Ala Hema St.	Wednesday	6:00 pm – 7:00 pm
KEY Project (Kaneohe)	47-200 Waihee Rd.	Monday – Friday	8:00 am – 4:30 pm
Our Lady of Mount Carmel (Kaneohe)	48-422 Kamehameha Hwy.	2 nd & 4 th Tuesday	12:00 pm – 1:00 pm
St. Ann’s Project Share (Kaneohe)	46-129 Haiku Rd.	Monday – Friday	1:00 PM
St. Mark Lutheran Church (Kaneohe)	45-725 Kamehameha Hwy.	Saturday	8:00 am – 10:00 am
Windward Baptist Church (Kaneohe)	47-528 A Kamehameha Hwy.	Monday – Friday	12:00 pm – 1:00 pm
Armed Services YMCA @ MCBH (Kaneohe)	455 Bingham Way, Bldg. 455	Monday – Friday (Base Access Required)	7:30 am – 3:30 pm
St. Anthony’s Outreach (Kailua)	148-A Makawao St.	Monday, Tuesday, Thursday, Friday	9:00 am – 11:00 am
South Shore Christian Church (Waimanalo)	41-539 Makakalo St.	Sunday	9:00 pm -12:00 pm

St. George Catholic Church (Waimanalo)	43-1323 Kalaniana'ole Hwy.	Tuesday & Thursday	9:00 pm -12:00 pm
St. Matthew's Episcopal Church (Waimanalo)	41-054 Ehukai St.	Wednesday	5:30 pm -5:45 pm
Waimanalo 7 th Day Adventist Church (Waimanalo)	41-592 Poalima St.	Wednesday	9:00 am – 10:00 am
Hope Chapel Kahuku (Kahuku)	56-565 Kamehameha Hwy.	Monday – Friday	8:00 am – 1:00 pm
Jesus Is Alive Fellowship (Haleiwa)	66-405 Waialua Beach Rd.	Sunday	2:30 PM
Once A Month Church (Haleiwa)	66-437 Kamehameha Hwy., Suite 210	On Call 7 days a week	8:00 am – 8:00 pm
St. Michael's Outreach (Waialua)	67-390 Goodale Ave.	Monday	8:30 am – 11:00 am
Sunset Beach Christian Church (Haleiwa)	59-578 Kamehameha Hwy.	Tuesday	9:00 am – 12:00 pm

Meal Programs

Location Name	Address	Hours of Operation
River of Life	101 N. Pauahi St.	Breakfast: M-F 8am – 10:30am Lunch: M-F 12:30pm – 2:30m Dinner: M-F 7pm – 8pm *Closed for lunch on Wednesdays. Sack lunches are handed out at breakfast
Institute for Human Services	546 Kaaahi St.	Breakfast: 7am – 7:45am Lunch: 12pm – 12:45pm Dinner: 6pm – 6:45pm
St. Elizabeth Episcopal Church	720 N. King St.	Breakfast: Saturday 6am – 8am
St. Elizabeth Catholic Church	99-312 Moanalua Rd.	Thursday, 5:00 pm – 6:00 pm

Mass Distributions – Ohana Produce Plus Program

Location Name	Address	Area	Days of Operation	Hours of Operation
Armed Services YMCA JBPHH	1260 Pierce St., Suite 145	Central Oahu	Last Wednesday	Distribution: 1:30pm
Armed Services YMCA Schofield/Wheeler	1262 Santos Dumont	Central Oahu	4th Monday	
Pearl City Community Church	933 Lehua Ave.	Central Oahu	Last Saturday	Distribution: 8am
Wahiawa Recreation Center	1020 California Ave.	Central Oahu	Last Thursday	Check-in: 10:30am Distribution: 1:30pm - 2pm
Life More Abundantly Island Church	321 N. Cane St.	Central Oahu	1st Saturday	Distribution: 11:30am
First Assembly of God Wahiawa	300 Wilikina Dr.	Central Oahu	4th Saturday	Distribution: 8am - 10am
HCAP Central	99-102 Kalaloa St.	Central Oahu	3rd Friday	Check-in: 10:30am Distribution: 12pm - 3pm
Lighthouse Outreach Center	94-230 Leokane St.	Central Oahu	Every Tuesday	Distribution: 12:30pm - 1:30pm
Surfing the Nations	64 Ohai St.	Central Oahu	1st & 3rd Wednesday	Check-in: 1pm - 2:30pm Distribution: When Truck Arrives
Angel Network Charities	5339 Kalaniana'ole Hwy.	Honolulu	1st & 3rd Thursday	Distribution: 1-3pm
Calvary Assembly of God	961 Io Ln.	Honolulu	3rd Friday	Check-in: 9am - 1pm Distribution: 3pm

First Assembly of God Red-Hill	3400 Moanalua Rd.	Honolulu	4th Saturday	Distribution: 7:30am - 9:30am
Hawaii Cedar Church	1545 Kamehameha IV Rd.	Honolulu	Every Wednesday	Distribution: 12pm - 3pm
HCAP Kalihi-Kam IV Homes	2243 Kalaunu Rd.	Honolulu	3rd Friday	Check-in: 10am - 11am Distribution: 12pm
Institute For Human Services	350 Summer St.	Honolulu	Last Thursday	Distribution: 1pm - 3pm
King's Cathedral Oahu (back parking lot)	549 Halemaumau St.	Honolulu	1st Friday	Check-in: 11am Distribution: 12pm - 3pm
Kuhio Park Terrace	1485 Linapuni St.	Honolulu	3rd Thursday	Check-in: 9am Distribution: 11am
Palolo Housing	2195 Ahe St.	Honolulu	2nd, 3rd, 4th, & 5th Wednesday	Check-in: 11am Distribution: 12:30pm - 3:30pm
Kaahumanu Homes	760 McNeil St., Bldg. 16	Honolulu	1st Friday	Check-in: 12pm - 1pm Distribution: 12pm
Mayor Wright Housing	521 N Kukui St.	Honolulu	2nd Friday	Check-in: 12pm - 1pm Distribution: 12pm
Hawaii First Samoan Assembly	1420 Palama St.	Honolulu	Every Thursday	Check-in: 11am - 2pm Distribution: When Truck Arrives
Boys & Girls Club Ewa Beach	91-884 Fort Weaver Rd.	Leeward Coast	4th Friday Every other month	Distribution: 3pm - 5pm
City of Joy	89-235 Pua Ave.	Leeward Coast	1st Saturday	Distribution: 8am
Kaupuni Neighborhood Park	85-1288 Punanaula St.	Leeward Coast	1st Friday	Check-in: 10:30am Distribution: 1:15pm - 2pm
Hale Ola Ho'opakolea Inc.	89-137 Nanakuli Ave.	Leeward Coast	2nd & 4th Wednesday	Distribution: 12:30pm - 3pm
Hawaii Cedar Church Waianae Farm	85-596 Waianae Valley Rd.	Leeward Coast	2nd Friday	Distribution: 12pm - 3pm
HCAP Leeward	85-555 Farrington Hwy.	Leeward Coast	3rd, 4th, 5th Tuesday	Check-in: 12pm - 1pm Distribution: 2pm - 3pm
Nanaikapono Protestant Church	89-235 Pua Ave.	Leeward Coast	4th Saturday	Check-in: 8:30am Distribution: 10am
Sacred Heart Church Waianae	85-786 Old Government Rd.	Leeward Coast	1st & 2nd Tuesday	Check-in: 10:30am Distribution: 12pm - 2pm
Waianae Coast Community Foundation	87-1624 Farrington Hwy.	Leeward Coast	2nd Thursday	Check-in: 9am-10:30am Distribution: 12pm
Old Haleiwa Gym	66-434 Kamehameha Hwy.	North Shore	4th Friday	Check-in: 10:30am - 11am Distribution: 12pm - 2pm
Old Haleiwa Gym	66-434 Kamehameha Hwy.	North Shore	1st Wednesday	Distribution: 12pm - 3pm
Waimanalo District Park	41-415 Hihimanu St.	Windward Coast	1st, 3rd Monday	Check-in: 1pm Distribution: 2pm - 4pm
Key Project	47-200 Waihee Rd.	Windward Coast	3rd Monday	Distribution: 2pm
Kahuku Medical Center - Trailers	56-117 Pualalea St.	Windward Coast	4th Monday	Distribution: 3:30pm - 5:30pm
Hauula Beach Park	54-135 Kamehameha Hwy.	Windward Coast	1st Monday	Distribution: 11am - 2pm
Key Project	47-200 Waihee Rd.	Windward Coast	1st Tuesday	Distribution: 2pm
St. George Catholic Church	41-1323 Kalaniana'ole Hwy.	Windward Coast	1st Thursday	Distribution: 2pm - 4pm

O'AHU HOMELESS HELP CARD

Information provided by Partners in Care Hawai'i
Produced as a service of the City & County of Honolulu

GENERAL HELP

Aloha United Way (auw211.org)..... 211

CRISIS (24 HOURS)

Crisis Line of Hawai'i..... 832-3100
Domestic Violence Crisis Line..... 266-7233

ABUSE (CHILD/SPOUSE/ADULT)

Adult Protective Services (*weekdays*)..... 832-5115
Child Protective Services (*24 hour*)..... 832-5300
Domestic Violence Action Center..... 531-3771
Toll Free (*all islands*)..... 800-690-6200
Domestic Violence Hotlines

Town/Leeward (*CFV*)..... 841-0822
Windward (*PACCT*) Hotline/
Crisis Counseling..... 526-2200
Family Peace Center (*PACT*)..... 832-0855
Sex Abuse Treatment Center..... 524-7273

DISPUTE RESOLUTION

The Mediation Center of the Pacific..... 521-6767

DOMESTIC VIOLENCE SHELTERS

Child & Family Services..... 841-0822
PACT 'Ohai'a Shelter..... 526-2200

Windward Spouse Abuse Shelter..... 528-0606

LANGUAGE NEEDS

Bilingual Access Line (*Interpreter Services*)..... 526-9724

ALCOHOL/DRUG

Alcoholics Anonymous..... 946-1438
Champ Clinic..... 426-4515

Hawai'i Health and Harm Reduction Center (*HHIRC*)..... 521-2437

Ku Aloha Ola Mau..... 538-0704

Habitat, Inc..... 800-872-2525

Hale Na au Pono..... 696-4211

Hina Mauka Kane'one..... 236-2600

Hina Mauka Waipahu (*outpatient*)..... 671-6900

Ho'omau Ke Ola..... 696-4266

Narcotics Anonymous..... 734-4357

Po'ailani..... 263-3500

Salvation Army Detox (*ATS*)..... 595-5819

Salvation Army Family/Women (*FIS*)..... 732-2802

Salvation Army Adult Males (*AMS*)..... 595-6371

Salvation Army (*ARC*)..... 808-522-8400

Sand Island Treatment Center..... 841-3915

Women In Need (*Intensive Outpatient Program for Women & Men*)..... 486-1996

Ko'olaupua Health Center

Hau'ula..... 293-9216

Kahuku..... 293-9231

Dental..... 293-2537

Wai'anae Coast Comprehensive..... 697-3300

Waikiki Health..... 922-4787

Waimanalo Health Center..... 259-7948

MENTAL HEALTH

24-Hour Suicide Crisis Line..... 832-3100

Catholic Charities Hawai'i Counseling Center..... 527-4470

Dept of Health, Mental Health Clinics:

Adult MH Division Eligibility Line..... 643-2643

East Honolulu Trmt Svc Section..... 733-9260

West Honolulu Trmt Svc Section (*adults*)..... 832-5800

Kane'one (*adults*)..... 233-3775

Central O'ahu Fam Guide Ctr (*Kane'one*)..... 233-3770

Central O'ahu Trmt Svc Section..... 453-5950

Central O'ahu Fam Guidance Ctr (*Pearl City*)..... 453-5900

Honolulu Fam Guidance Center..... 733-9393

Leeward O'ahu Fam Guid Center..... 692-7700

Hale Na au Pono - Wai'anae..... 696-4211

Helping Hands Hawai'i..... 440-3825

Hope Treatment Services..... 638-4555

IHS, Institute for Human Services..... 447-2924

STATE DHS BENEFITS:**APPLICATION UNITS**

Hawai'i Public Housing Authority..... 832-5961

Applications Office..... 692-8384

(*TANF, GA, Medicaid & SNAP*)

Kapolei Processing Center..... 233-5325

(*For Kapolei, Waipahu*)

Ko'olau Processing Center (*Luluku*)..... 233-3621

(*For Kailua, Kane'one, Waikaloa, Windward*)

(*Not for New Applications*)

Ko'olau Processing Center (*Waikaloa*)..... 832-3822

(*New Applications Only (Windward side)*)

KPT Processing Center..... 586-8047

(*For Kailua, Kailua, Nu'uuanu*)

ORSL Processing Center..... 587-5283

(*For Iwilei, Pāhala*)

Pohulani Processing Center..... 622-6315

(*For Kina'ia, Moanalua, Pāhala, Panāhala*)

Wai'anae Processing Center..... 697-7881

(*For Kala, Wai'anae*)

Waipahu Processing Center..... 675-0052

(*For Waikolea, Kapāhala*)

EDUCATION

Homeless Concerns Office, DOE (*toll free*)..... 1-866-927-7095

EMPLOYMENT

Alu Like - Dept. of Employment and Training..... 535-6750

American Job Center (*Dillingham*)..... 768-5701

Catholic Charities Hawai'i Homeless Veterans Reintegration Program..... 521-4357

Division of Vocational Rehabilitation..... 586-5164

Economic Development Center (*PACT*)..... 842-7093

Goodwill Industries of Hawai'i..... 483-7172

HCAP Senior Employment..... 521-4531

HI Disability Rights Center (*Ticket to Work*)..... 949-2922

IHS Hele2Work..... 447-2912

Network Enterprises, Inc..... 521-7714

Rent to Work..... 768-5727

U.S.VETS (*Employment Assistance/Veteran Services*)..... 330-5566

FOOD

Helping Hands Hawai'i, Community Clearinghouse (*One Time/Emergency Needs*)..... 440-3800

River of Life Mission..... 524-7656

Salvation Army (*Family Services*)..... 841-5565

Call 211, check w/ outreach agencies or churches

HEPATITIS B&C

Hep Free Hawai'i..... 436-5884

HIV/AIDS

Gregory House Programs..... 592-9022

Hawai'i Health and Harm Reduction Center (*HHIRC*)..... 521-2437

Waikiki Health..... 922-4787

HYGIENE SERVICES

HIHE (*Mobile Showers/Restrooms*)..... 201-3937

Pūnāwai Rest Stop (*Laundry & Showers*)..... 599-9750

Revive + Refresh (*Mobile Hygiene Center*)..... 779-6738

River of Life Mission..... 524-7656

Safe Haven..... 524-7233

LEGAL

Community Outreach Court..... 347-2251

Legal Aid Society of Hawai'i..... 536-4302

Volunteer Legal Services Hawai'i..... 528-7046

MEDICAL CARE

Aloha Medical Mission Clinic-Dental..... 847-3400

Hawai'i HOME Project..... 223-8859

KPHC, Healthcare for the Homeless Project..... 791-6342

Hawai'i Health and Harm Reduction Center (*HHIRC*)..... 521-2437

Joint Outreach Center (*JOC*)..... 545-3694

Kōkua Kailua Valley..... 791-9400

Ko'olaupua Health Center

Hau'ula..... 293-9216

Kahuku..... 293-9231

Dental..... 293-2537

Wai'anae Coast Comprehensive..... 697-3300

Waikiki Health..... 922-4787

Waimanalo Health Center..... 259-7948

MENTAL HEALTH

24-Hour Suicide Crisis Line..... 832-3100

Catholic Charities Hawai'i Counseling Center..... 527-4470

Dept of Health, Mental Health Clinics:

Adult MH Division Eligibility Line..... 643-2643

East Honolulu Trmt Svc Section..... 733-9260

West Honolulu Trmt Svc Section (*adults*)..... 832-5800

Kane'one (*adults*)..... 233-3775

Central O'ahu Fam Guide Ctr (*Kane'one*)..... 233-3770

Central O'ahu Trmt Svc Section..... 453-5950

Central O'ahu Fam Guidance Ctr (*Pearl City*)..... 453-5900

Honolulu Fam Guidance Center..... 733-9393

Leeward O'ahu Fam Guid Center..... 692-7700

Hale Na au Pono - Wai'anae..... 696-4211

Helping Hands Hawai'i..... 440-3825

Hope Treatment Services..... 638-4555

IHS, Institute for Human Services..... 447-2924

SHELTER: TRANSITIONAL

Alternative Structures (*Wai'anae - Families*)..... 696-4095

'Ohana Ola O Kahumana..... 696-4885

Catholic Charities Mā'i'i Lnd (*families*)..... 592-9022

Gregory House (*HIV*)..... 284-2079

Hale Kipa (*youth 18 to 22*)..... 682-4466

Holomua Nā 'Ohana (*families*)..... 259-6658

Weinberg Village Waimānalo Housing Solutions, Inc..... 973-0050

Kulaokahu ā - Seniors (*Not for Applications*)..... 599-5759

Na Kōlea - Singles (*Not for Applications*)..... 946-8063

Sea Winds - Single, Couples, Families..... 696-0061

Kealahou West O'ahu - Onemalu (*families*)..... 682-5868

Kumuhoua (*HCAP*)..... 682-5494

RYSE (*youth ages 18-24*)..... 498-5180

Safe Haven, Mental Health Kōkua..... 524-7233

Women In Need (*Women & Children*)..... 486-1996

OUTREACH/DROP IN CENTERS

ALEA Bridge..... 379-2532

HawaiianHope.org - Internet Cafe - Wai'anae..... 352-8800

IHS, Institute for Human Services..... 447-2929

Kealahou West O'ahu..... 696-5667

KPHC, Healthcare for the Homeless Project..... 791-6370

Legal Aid Society of Hawai'i..... 536-4302

Living the Word..... 834-2823

RYSE (*youth ages 18-24*)..... 498-5180

Safe Haven, Mental Health Kōkua..... 524-7233

Salvation Army (*Fam. Services Office*)..... 841-5565

SNAP..... 440-3832

Wai'anae Coast Comp Health Center..... 697-3586

U.S.VETS (*Available to All*)..... 282-0554, 630-0771

Youth Outreach (*YOL*)..... 942-5858

VETERANS' SERVICES

2nd Chance Group Home LLC..... 554-9950

Females..... 354-2098

Males..... 521-4357

Catholic Charities Hawai'i Supportive Services for Veteran Families (*SSVF*)..... 521-4357

Cloudbreak Hawai'i, LLC Permanent Housing (*Service Enriched Affordable Housing for Veterans*)..... 682-1949

Hawai'i Vet 2 Vet Inc..... 457-7027

IHS Veteran Support Program..... 447-2916

Network Enterprises, Inc. (*Employment*)..... 521-7714

U.S.VETS (*outreach, housing, support*)..... 672-2977, 630-0771, 282-0554

VA Health Care for the Homeless (*outreach, medical, & mental health services*)..... 433-0357

Paid for by the taxpayers of the City & County of Honolulu Office of Housing - Revised May 2019

Shelf-Stable Foods	Shelf Life After Code Date
Baby Food	
Cereal: dry mixes	Expiration date on package
Food in Jars, cans	Expiration date on package
Formula	Expiration date on package
Juice	1 year
Canned Food	
Beans	3 years
Fish: salmon, tuna, sardines, mackerel	3 years
Frosting, canned	10 months
High-acid foods	
- fruit (including applesauce, juices)	} 1-2 years
- pickles, sauerkraut	
- baked beans w/mustard/vinegar	
- tomatoes, tomato-based soups & sauces	
Low-acid foods	
- gravy, soups/broths that aren't tomato-based	} 2-3 years
- pasta, stews, cream sauces	
- vegetables (not tomatoes)	
Meat: beef, chicken, pork, turkey	2-3 years
Pie filling	3 years
Condiments, Sauces, Syrups	
UHT milk	
Broth: beef, chicken or vegetable	
Soup	
Fruits	
Vegetables	
Condiments, Sauces, Syrups	
Barbeque sauce (bottled)	1 year
Frosting, canned	10 months
Gravy (dry mix envelopes)	2 years
Honey	2 years --remains safe after crystallization. To use, simply immerse closed container in hot (not boiling) water until honey liquifies
Jams, jellies, preserves	18 months
Ketchup, cocktail, or chili sauce: jar, bottle, or packet	18 months
Mayonaise, jar, bottle or packet	3-6 months
Molasses	2 years
Mustard: jar, bottle or packet	2 years
Olives	18-24 months
Pickles	1 year canned 2 years, jarred--discard if inside of lid is rusty open opening
Salad dressings: bottled	1 year

Shelf-Stable Foods (continued)	Shelf Life After Code Date
Condiments, Sauces, Syrups (continued)	
Spaghetti sauce, canned	18 months
Spaghetti sauce, jarred	18 months
Syrup, chocolate	2 years
Syrup, corn	2 years
Syrup, pancake	2 years
Vinegar	2 years
Worcestershire sauce	2 years
Dry Goods	
Baking Mix, pancake	9 months
Baking mixes (brownie, cake, muffin, etc.)	12-18 months
Baking powder	18 months
Baking soda	indefinite if kept dry
Beans, dried	1 year
Bouillon: beef or chicken	12-24 months
Bouillon: vegetable	12-24 months
Bread , commercially prepared (including rolls)	3-5 days
Cakes, commercially prepared	3-5 days at room temp 3 months stored frozen
Candy (all, including chocolate)	9 months, caramel 18 months, chocolate 36 months, hard candy
Casserole Mix	9-12 months
Cereal, cold	1 year
Cereal, hot	1 year
Cookies	4 months
Cornmeal	1 year at room temp 2+ years frozen
Crackers	8 months Except graham crackers, 2 months
Flour, white (all purpose or cake)	1 year
Flour, whole wheat	6 months (keeps longer if refrigerated or frozen)
Fruit, dried	6 months (keeps longer if refrigerated or frozen)
Macaroni and Cheese, mix	6-12 months
Nuts, out of shell	6-12 months, bagged 12-24 months, canned
Nuts, in shell	6-12 months, bagged 12-24 months, canned
Oatmeal	12 months
Oil, olive, vegetable , salad	6 months
Pasta, dry (egg noodle)	2-3 years
Pasta, dry (no egg)	2-3 years
Peanut Butter	18 months
Popcorn, kernels	2 years
Popcorn, commercially popped and bagged	2-3 months
Popcorn, microwave packets	1 year

Shelf-Stable Foods (continued)	Shelf Life After Code Date
Dry Goods (continued)	
Potatoes, mashed, instant flakes	1 year
Pretzels	6-8 months
Pudding, prepared/shelf stable	1 week
Rice, brown	1 year
Rice, white	2 years
Rice-based mixes	6 months
Shortening, vegetable	8-12 months
Spices	up to 4 years, whole spices up to 2 years, ground spices Spices lose flavor over time but remain safe to use indefinitely
Stuffing mix	9-12 months
Sugar, brown (light or dark)	18 months
Sugar, confectioners	18 months
Sugar, white	2+ years
Sugar substitute	2 years
Toaster pastries	6 months, fruit 9 months, no fruit
Tortillas	3 months, shelf or refrigerator 6 months, freezer Do not use if they develop mold or harden
Shelf -Stable Beverages	
Cocoa Mixes	36 months
Coffee Creamer, liquid shelf stable	9-12 months
Coffee creamer, powdered	2 years
Coffee, ground	2 years
Coffee, instant	1-2 years
Coffee, whole bean	1 year, vacuum packed
Instant breakfast	6 months
Juice, bottle, shelf-stable	9 months
Juice, box	4-6 months
Juice, canned	18 months
Juice concentrate, shelf-stable	
Milk, evaporated	1 year
Milk, non-fat dry	1 year
Milk-shelf stable UHT	6 months
Milk, sweetened condensed	1 year
Nutritional aid supplements (Boost, Ensure, etc.)	1 year
Rice milk, shelf stable	6 months
Carbonated beverages (soda/seltzer water)	3 months, bottles (all) 3 months, diet (cans) 9 months, regular soda or seltzer (cans)
Soy milk, shelf stable	6 months
Tea, bagged	18 months
Tea, instant	3 years

Shelf-Stable Foods	Shelf Life After Code Date
Shelf -Stable Beverages (continued)	
Water	indefinite: store in cool, dark place away from chemicals
Water, flavored	indefinite: store in cool, dark place away from chemicals